



tyte

MEDISPA

Tyte Medispa is the evolution of over 20 years in the medical aesthetic industry. Throughout our history, we have remained committed to offering a world-class experience with state of the art treatments in a luxurious, private, and welcoming environment. With our hand-picked team of professionals, we strive to bring exceptional skill and care through our anti-aging, body contouring, and wellness services. Tyte Medispa is devoted to bringing you the very best and aspires to be part of a stronger, more caring community.



www.tytemedispa.com



[tytemedispa.millbrook](https://www.instagram.com/tytemedispa)



845.677.6100

Face & Body

Facials

\$99 – 195

More than a facial—a personalized skin and wellness experience designed to restore, refine, and rejuvenate. From customized European facials and advanced peels including SkinBetter Science to dermaplaning and back treatments, each service is tailored to support both immediate results and long-term skin health.

Hydrafacial

\$225 – 365

A medical-grade resurfacing treatment that cleanses, exfoliates, and hydrates the skin using a patented delivery system. Fully customizable, it delivers immediate results—revealing a smoother, clearer, more radiant complexion. Suitable for all skin types.

SkinBetter Science - AlphaRet Glow Peel

\$175

Reveal your most radiant skin with this advanced, multi-tasking professional peel system. Designed to deliver clinical-grade results with minimal to no downtime, this treatment uses patented AlphaRet technology to target mild sun damage, fine lines, uneven tone, and pore congestion. A perfect quick refresh before a big event or as a regular monthly tune-up, this peel leaves your skin instantly smoother, clearer, and visibly luminous.

Forever Bare BBL Laser Hair Removal

\$80+ | Package Pricing Available

An advanced light-based treatment that reduces unwanted hair quickly and comfortably while improving overall skin tone and clarity. Suitable for most areas of the face and body, it delivers long-term results—leaving skin smooth, even, and free from the irritation of daily shaving.

SkinTyte II

\$150 – 450

SkinTyte is a non-invasive, comfortable treatment with no downtime, designed to restore skin firmness and elasticity. As we age, collagen production declines, leading to laxity—particularly around the jawline and neck, where it can add years to your appearance. Using advanced infrared light technology, SkinTyte gently heats the deeper layers of the skin to stimulate collagen and tighten existing fibers. The result is smoother, firmer, more youthful-looking skin. Popular treatment areas include the face, neck, abdomen, and arms.

Photorejuvenation with BBL HERO

\$150 – 450

BBL HERO is an advanced, non-invasive light therapy designed to visibly rejuvenate and restore the skin with no downtime. Often considered a true industry “secret” for maintaining youthful skin, this treatment targets common signs of aging including sun damage, redness, rosacea, broken capillaries, uneven tone, and dullness. Utilizing cutting-edge BroadBand Light technology, BBL HERO works at a deeper level to stimulate collagen and promote healthier, clearer, more radiant skin.

Forever Clear BBL

\$45

The cutting-edge acnetreatment that uses the power of light to comfortably and effectively clear acne—without creams or medication. BBL is the world’s most powerful IPL (intense pulsed light) therapy device, delivering light energy deep into the skin to treat acne at its source, resulting in a healthier, clearer, and more rejuvenated complexion. Treatable areas include the face, neck, chest, back, shoulders, and other areas prone to breakouts.

Exion Fractional RF

\$400 – 1,000, Package Pricing Available

An advanced microneedling treatment enhanced with radiofrequency and AI-guided technology to deliver more precise, customized results. EXION creates controlled micro-injuries while simultaneously delivering energy deep into the skin—stimulating collagen, improving tone and texture, and enhancing overall skin quality. Designed to be more comfortable than traditional microneedling, it refines pores, smooths uneven pigmentation, and restores a firmer, more radiant complexion. Treatable areas include the face, neck, décolleté, and select areas of the body, with minimal downtime.

Exion Clear RF

\$400 – 1,000

A non-invasive skin resurfacing treatment that uses advanced radiofrequency energy to improve tone, texture, and overall skin clarity—without needles. EXION Clear delivers controlled heat to the skin to stimulate collagen, refine pores, and smooth uneven pigmentation, all while maintaining a comfortable treatment experience. Ideal for those looking to refresh and brighten the skin with little to no downtime. Treatable areas include the face, neck, décolleté, and select areas of the body.

EmFace

\$650 – 1,000 | Package Pricing Available

EmFace is a non-invasive, needle-free treatment that simultaneously lifts, tightens, and tones the face. This treatment uses cutting-edge radiofrequency and electromagnetic energy to reduce wrinkles, boost collagen, lift sagging skin, and improve facial symmetry. The innovative applicators target elastin, collagen, muscle, and connective tissue—delivering noticeable results to the forehead, eyes, cheeks, and under chin. It is FDA-cleared, pain-free, and requires no downtime.

EXION Face

\$250 – 750+

A non-invasive skin rejuvenation treatment performed using a specialized handheld device that glides comfortably across the surface, delivering advanced radiofrequency with AI-guided precision—without needles. EXION Face stimulates collagen deep within to lift, tighten, and smooth while improving tone, texture, and radiance. Clinically shown to increase natural hyaluronic acid levels by up to 224%, it enhances hydration, volume, and overall skin quality. Designed for both comfort and precision, it delivers noticeable rejuvenation with little to no downtime. Treatable areas include the face, neck, and décolleté.

Wellness

EmFace TMJ Therapy

\$650/session | Package Pricing Available

A non-invasive, FDA-cleared treatment designed to relieve jaw tension, clenching, and discomfort associated with TMJ. Using advanced technology to target facial muscles, it helps reduce pain, improve function, and soften tension in the jaw—while also enhancing facial balance. Comfortable, relaxing, and requires no downtime.

Emsella

\$400/session | Package Pricing Available

Emsella offers a completely non-invasive treatment that strengthens the pelvic floor muscles to help treat urinary incontinence, support sexual wellness, and improve core strength in both men and women. During an Emsella treatment, guests remain fully clothed, sitting comfortably in a specialized chair while the device does the work. A single 28-minute session provides the equivalent of over 11,000 Kegel exercises—with no pain or downtime.

EmSculpt Neo Functional

\$650 | Package Pricing Available

A non-invasive treatment designed to support muscle strength, joint function, and overall physical performance. Using advanced muscle stimulation, it enhances stability, helps restore strength, improves movement, and supports the body's natural performance and recovery processes. Treatment areas include the arms, legs, and back.

FDA-cleared to support

- Prevention of muscle atrophy
- Improved circulation
- Reduction of muscle spasms
- Increased range of motion and mobility
- Muscle re-education and recovery

Supports overall strength, stability, balance, and coordination.

Hair Restoration

\$60/treatment

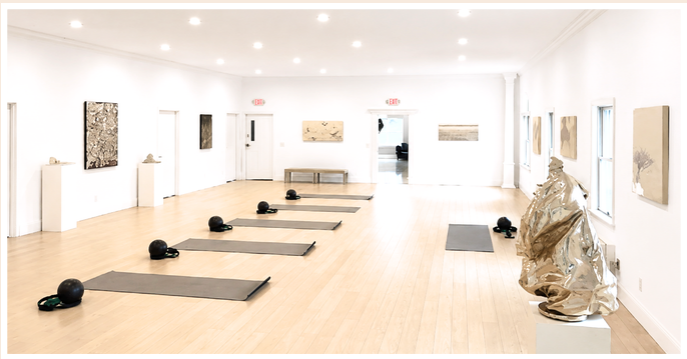
The Sunetics Hair Growth Laseris a non-invasive treatment that uses low-level laser light to stimulate and energize hair follicles, increasing circulation to the scalp and encouraging natural hair regrowth. This FDA-cleared technology helps restore thicker, fuller-looking hair over time—without pain, downtime, or surgery.

Mat Pilates

\$30/class

We are proud to offer Pilates classes in our beautiful Mat Pilates Studio with Autum Casey.

Join us on Saturdays to engage in the fundamentals of Pilates mat movement. Core, breath, alignment, balance, and awareness will be challenged by taking it back to the mat. Mixing traditional Pilates movement with strength work, these classes will test the foundation of your practice. All levels are welcome.



Autum Casey is a lifelong mover, and she is dedicated to helping all bodies move as they change and age. She has a background in dance, Kung Fu, and Tai Chi. After years of running and cycling, she felt less connected to her body as a whole and looked to Pilates. Autum received her mat and reformer certifications from Pilates Instructor Academy under Amanda Liams. She wants clients to leave a session knowing they had a challenging and balanced workout for their mind and body.

MAT PILATES CLASSES

Saturdays 10 am - 11 am

\$30 per Class

Packages

**Package of 5
Classes**

\$125 & 1 Free Emsella Treatment

**Package of 10
Classes**

\$250 & 1 Free Emsculpt Classic Treatment

Private classes are available upon request

Body Contouring

EmSculpt

\$750 | Package Pricing Available

Simultaneously builds and tones muscle while burning fat in the abdomen, buttocks, arms, thighs, and calves. A single 30-minute treatment delivers the equivalent of 20,000 supermaximal muscle contractions—comparable to 20,000 crunches or squats.

EmSculpt Neo

\$850 | Package Pricing Available

An advanced, non-invasive body contouring treatment that builds muscle while reducing fat to enhance tone and definition. By combining powerful muscle contractions with radiofrequency energy, it delivers comprehensive sculpting results—producing an average of 25% more muscle and 30% less fat.

EXION Body

\$350 – 500

A non-invasive body treatment that uses advanced radiofrequency energy to tighten skin, reduce fat, improve elasticity, and support a more toned appearance. EXION Body delivers controlled heat deep into the tissue to stimulate collagen and address areas of laxity—helping to smooth and firm the skin over time. Comfortable and effective, it requires little to no downtime. Treatable areas include the abdomen, arms, thighs, and other areas of concern.



Elaine Suderio, DNP, FNP-BC

Dr. Elaine has over 30 years of experience in the medical industry, and over 15 years of experience in aesthetics. She is an expert in all injectables—training injectors locally and all over the country.

She is an assistant professor of nursing at Mount Saint Mary College, and is passionate about teaching students to become safe and effective clinicians. Dr. Elaine is also a clinical trainer for InMode and Prolenium. She has a great passion for aesthetics, making sure to meet her patients' aesthetic needs.

In her spare time, Dr. Elaine loves to paint, honing in on her artistic eye which helps in her aesthetic abilities. She has spent over 20 years traveling around the world with medical and surgical teams, providing free medical services for those in need.



Elaine's Services:

Injectables (Botox & Fillers)

\$14.50/unit + Filler starting at \$650

Smooth fine lines, restore volume, and enhance your natural features with expertly administered injectables, including Botox, Letybo, Xeomin, Dysport, Sculptra, Restylane, Versa, Radiesse, and Juvéderm. Results are tailored to each individual, with effects typically lasting 3–6 months or longer and maintained with periodic treatments.

PRP Hair Restoration

\$700

PRP Hair Restoration utilizes Platelet-Rich Plasma injections to stimulate hair growth and improve hair density in areas of thinning. This innovative treatment harnesses the body's natural healing processes to revitalize and strengthen hair follicles, promoting fuller, healthier-looking hair. PRP is derived from your own blood. A small sample is drawn from a vein, processed to isolate the platelet-rich plasma, and then carefully injected into the scalp.

Medical Peel

\$275 – 350

A professional-grade chemical peel designed to improve skin tone, texture, and overall clarity. By accelerating cellular turnover, this treatment helps reduce the appearance of fine lines, sun damage, and uneven pigmentation—revealing smoother, brighter, and more refined skin. Customized to your skin's needs, options range from mild to more advanced formulations to effectively address both moderate and more significant concerns with minimal downtime.

Featuring advanced peel formulations, including Vitalize™ and Rejuvenize™ by SkinMedica.

IV Therapy

\$100 – 350

Hydration

Basic Hydration and IV vitamin supplements provides essential fluids through normal saline or lactated Ringer's solution, ensuring rapid hydration and replenishment of vital electrolytes. This service is designed to restore balance and support overall health, making it an ideal choice for those in need of swift rehydration.

Energy

A revitalizing infusion designed to enhance energy, improve focus, and support overall vitality.

Immunity

A targeted infusion designed to support immune health, enhance recovery, and promote overall wellness with essential vitamins and minerals.

Myers Cocktail

A high-dose infusion of Vitamin B, Vitamin C, and essential minerals delivered intravenously for optimal absorption. Designed to support energy, hydration, and overall wellness, leaving you feeling refreshed, balanced, and restored.

NAD Infusion

Experience enhanced mental clarity, improved focus, and increased energy levels with our IV - NAD+ First Time Treatment. This innovative therapy delivers a low dose of NAD+ directly into your system, promoting overall well-being and vitality.

Glutathione Therapy

\$150 | \$50 add-on

Glutathione is a powerful antioxidant that helps neutralize free radicals and supports detoxification in the body. It promotes overall health by boosting the immune system and enhancing skin vitality.

Vitamin B-12 Shot

\$50

B12 shots provide a quick and effective way to boost energy levels and support overall health. These injections can enhance metabolism, improve mood, and promote better cognitive function.

Vitamin D3 Shot

\$50

Vitamin D3 shots support immune health, bone strength, and overall vitality. This essential nutrient plays a key role in maintaining energy levels, mood balance, and proper calcium absorption—making it especially beneficial during seasonal changes or periods of low sun exposure.

EmSuite

We proudly offer EmSuite—a comprehensive collection of advanced muscle stimulation devices designed to support a wide range of aesthetic and wellness goals. From fat reduction to muscle building, our non-invasive treatments effectively target and sculpt even the most stubborn areas of the body.

Using cutting-edge technology, EmSuite treatments work at the cellular level to enhance neuromuscular connections. These treatments help strengthen the abdominal core and pelvic floor, lift and tighten the skin, burn fat, and build muscle for a more sculpted and toned appearance.

In addition to aesthetic benefits, EmSuite treatments also promote long-term wellness by helping relieve pain, improve mobility, and support a healthier, more active lifestyle.



Core-to-Floor Therapy

Core-to-Floor therapy combines the power of Emsculpt and Emsella, two advanced treatments that utilize cutting-edge HIFEM (High-Intensity Focused Electromagnetic) technology to deliver exceptional muscle stimulation. These treatments create supramaximal muscle contractions—far beyond what traditional workouts, Kegel exercises, or standard muscle stimulation can achieve. Although the contractions are intense and highly effective, the treatment itself remains comfortable and pain-free. By strengthening and toning the abdominal muscles and pelvic floor, Core-to-Floor therapy helps improve core stability, posture, and balance while enhancing bladder control and sexual wellness through restored neuromuscular function. The result is a stronger, firmer, and more sculpted core, along with improved wellness and confidence.

EmFace

\$650 – 1,000| Package Pricing Available

EmFace is a non-invasive, needle-free treatment that simultaneously lifts, tightens, and tones the face. This treatment uses cutting-edge radiofrequency and electromagnetic energy to reduce wrinkles, boost collagen, lift sagging skin, and improve facial symmetry. The innovative applicators target elastin, collagen, muscle, and connective tissue—delivering noticeable results to the forehead, under-eyes, cheeks, and jawline. It is FDA-cleared, pain-free, and requires no downtime.

EmSculpt

\$750

Simultaneously builds and tones muscle while burning fat in the abdomen, buttocks, arms, thighs, and calves. A single 30-minute treatment delivers the equivalent of 20,000 supermaximal muscle contractions—comparable to 20,000 crunches or squats.

EmSculpt Neo

\$850

An advanced, non-invasive body contouring treatment that builds muscle while reducing fat to enhance tone and definition. By combining powerful muscle contractions with radiofrequency energy, it delivers comprehensive sculpting results—producing an average of 25% more muscle and 30% less fat.

Functional Wellness: A non-invasive treatment designed to support muscle strength, joint function, and recovery. Using advanced muscle stimulation, it helps improve stability, relieve muscle tension, and support the body post-injury or post-surgery.

Emsella

\$400/session| Package Pricing Available

An advanced, non-invasive body contouring treatment that builds muscle while reducing fat to enhance tone and definition. By combining powerful muscle contractions with radiofrequency energy, it delivers comprehensive sculpting results—producing an average of 25% more muscle and 30% less fat.

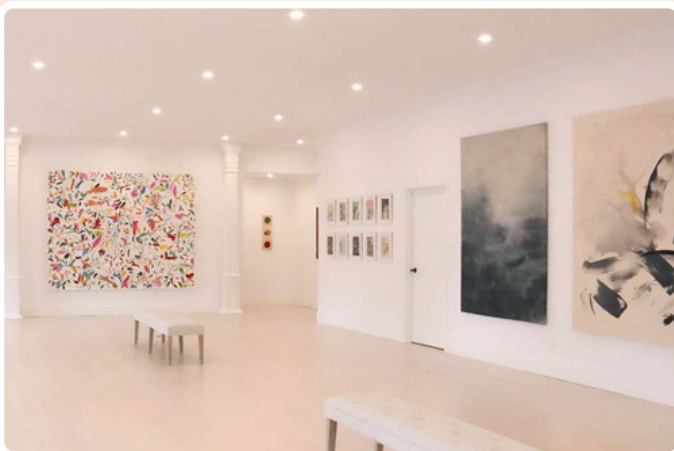
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GALLERY

At Tyte Gallery, we are passionate about cultivating a vibrant arts community by showcasing a diverse collection of works from both established and emerging artists. Our carefully curated exhibitions feature dynamic group shows alongside a rotating selection of artwork from our represented artists, creating an ever-evolving and inspiring experience for every visitor.

Located within Tyte Medispa—a state-of-the-art medical spa and wellness center—Tyte Gallery is dedicated to fostering meaningful connections between artists and collectors. We actively seek to discover and support new talent while continuing to grow our community of art enthusiasts and collectors.

Our commitment to personalized service ensures that both new and experienced collectors receive expert guidance in acquiring exceptional fine art. Through our deep appreciation for artistic expression, we strive to enrich the lives of our clients and celebrate the lasting impact of art.



Visit us at

www.tytegallery.com
[@tytegallery](https://www.instagram.com/tytegallery)

Event Venue

Tyte Gallery offers an elegant, light-filled space designed to host intimate, thoughtfully curated gatherings in the heart of Millbrook. Spanning 2,000 square feet, the gallery provides a sophisticated backdrop for private events, networking gatherings, trunk shows, pop-ups, bridal and baby showers, and small, refined weddings.

Located on the second floor within Tyte Medispa, the venue is accessible by staircase from both the front and rear of the building. Parking is available behind the building, with additional street parking nearby.



Memberships

We offer a rewards program as well as flexible financing through CareCredit, and referral programs—getting started with your personal goals has never been easier.

Refyne Membership

\$99 / monthly

Choose between 1 the following services:

- Choose between either 1 SkinBetter Science Peel, European Facial, or Laser Hair Removal of underarms or lip/chin or bikini line
- Also receive 2 Free Sunetics Hair Restoration Treatments
- 10% off all additional treatments and facial add-ons
- 10% off of skincare products

Defyne Membership

\$299 / monthly

Choose between 1 the following services:

- 1 Emsella, 1 Emsculpt, 1 BBL Hero Face, 1 SkinTyte Face, or 1 Deluxe HydraFacial
- Also receive 4 Free Sunetics Hair Restoration Treatments
- 15% off all additional treatments and facial add-ons
- 15% off of skincare products

Enhance Membership

\$499/ monthly

Choose between 1 the following services:

- 1 Emsculpt Neo, 1 Emface submentum, 1 Microneedling RF Face
- Also receive 4 Free Sunetics Hair Restoration Treatments
- 20% off all additional treatments and facial add-ons

This is a 6-month minimum membership that cannot be combined with other discounts or promotions.

Injectables, massages and permanent makeup are excluded from Membership discounts



Lily Al-Nemri

Founder & Owner

Lily Al-Nemri is a pioneer in aesthetic medicine in the Hudson Valley and the visionary entrepreneur behind Tyte Medispa + Gallery. Through her innovative approach and unwavering commitment to beauty, wellness, and client care, she has established Tyte Medispa as one of the region's premier destinations for advanced aesthetic treatments.

With more than 35 years of experience in the medical field, Lily discovered her true passion in medical aesthetics, where science, artistry, and patient-centered care intersect. Her extensive clinical knowledge, combined with a dedication to helping clients look and feel their best, has shaped her reputation as a trusted leader in the industry.

Driven by a belief that confidence begins with self-care, Lily is committed to providing personalized treatments that enhance natural beauty while supporting overall wellness. Her vision continues to inspire the growth and success of Tyte Medispa + Gallery, where innovation, expertise, and exceptional client experiences remain at the heart of everything she does.



**Comprehensive Medispa
specializing in cutting-edge
skin, body and wellness
services.**

**Rated one of the best medical
spas in the Hudson Valley.**

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Memberships is the best way to
enjoy special discounts,
member-only offers, and
exclusive beauty benefits.



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